



HOME CARE INSTRUCTIONS BMTT

In BMTT, the “B” stands for bilateral which means “both sides.” The “M” stands for myringotomy, which is the incision in the eardrum. “TT” stands for tympanostomy tube, which is placed in the eardrum to allow air to enter the middle ear so that fluid will not collect. This reduces the frequency of infection.

SPECIAL INSTRUCTIONS

- Do not allow water to get in your child’s ears until allowed by the doctor.
- To keep ears dry while bathing, put Vaseline on a piece of cotton and place it snugly in your child’s ears.
- A small amount of drainage or blood is not unusual in the first 48 hours. It may be cleaned with a Q-tip. Do not put a cotton-tip applicator deep into your child’s ear.

WHEN TO CALL THE DOCTOR

- If your child has persistent ear drainage after 48 hours.
- If your child’s temperature is 101.5° or more (slight fevers after surgery are normal)
- If you have any questions (please hold non-emergent questions for calls between 8:30 AM to 4:30 PM, Mon – Fri)

ACTIVITY

Normal activity, including school, may be resumed the following day.

FOLLOW UP

Call the office at **623-0526** on the day of discharge to set up a post op appointment. It is important to make this call as soon as possible, since the doctor’s schedule can fill up quickly. The Appointment Scheduler will know when your post op appointment is due depending on the type of surgery performed, unless otherwise directed by your surgeon.

757-623-0526

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